



## Keeping Active, Keeping Healthy

Issue No 2, Mar 2018

### Men's Shed

Membership is growing and from 21 March we will open the Shipley Men's Shed on Wednesdays from 10:00, as well as Tuesdays. Come and see!

The shed has been buzzing through March. We have very kindly been given another dust and chip extractor by a good friend of the shedders. When we get a new lower bag for this kit it will enable us to use our machines much more efficiently.

The double bin box for the site entrance is now complete and is being painted ready for use. Great thanks to Stan for its completion which was more complex than first anticipated!

Chris has finished the first raised plant and vegetable troughs in record time, now at the painting stage.

The base boards for Horsham Model Railway Club are nearly complete and are almost ready for final assembly.

Thanks are due to Colin and Miles for meticulous efforts in the construction of the legs for these units.

Roy has finished his bird house, he is now making a toolbox to be followed by a shoe polishing box. A couple of saw horses have been constructed and Brian is making some trestles so we can erect a work surface outside the shed as the weather improves.

Horsham Matters have kindly invited us to make use of any spare wood from their operations. We appreciate their support.

The Sheddars are considering a trip to Yandles Woodworking Centre, near Yeovil, to source some of the more unusual hardwoods. 13/14 April is Yandles Spring Show including woodworking demonstrations. Anyone interested?



### Dates For Your Diary



✓ **March 21 Wednesday** – Shipley Men's Shed will be open each Wednesday from 10am as well as every Tuesday.

✓ **April 15, Sunday - Social BBQ**  
The Vets last league football game. Come and support them. Everyone welcome Kick off 10:30am, BBQ after the game.

✓ **Friday evenings – Pétanque**  
Starting May 4, 6:30pm, weekly as well as every Tuesday.

✓ **July 14, Saturday – Bastille Day**  
French-themed fun day. Details to follow.

### Pétanque


Exciting news that weekly **Friday evening pétanque** sessions will be starting 4 May at 6.30 pm (as well as Tuesday mornings). Come and have a go. Melanie and the pétanquers have been invited to play a friendly match against the pétanquers from the Horsham Indoor Bowls club. We hope this will become a recurring event both home and away.

### People's FA Cup

A team of our footballers entered the walking football section at the end of Feb. They enjoyed the day, but were stumped by the apparent lack of walking during the matches! Maybe next year....! Meanwhile Karen and Sarah, two of our walking footballers, entered "Crawley Old Girls" ladies teams and Sarah's team made it to the finals – congratulations to them!



### Keep up with the latest

Keep up to date with the latest at the project on Twitter and Facebook   
[www.facebook.com/HorshamShipleyCommunityProject](http://www.facebook.com/HorshamShipleyCommunityProject)  
Likes, shares and retweets help us spread the word. Thanks.

### Maintenance Days

It is a constant challenge to get (and keep) all the football pitches fit for purpose given our difficult, unpredictable UK weather! A major effort is underway to get the pitches up to standard, but we need more help. Please contact Phil if you have spare time.

### Walking Football

A mammoth effort in the snow, ice and mud by a team of hardy fellows means that six 5m posts have been erected for the nets behind the walking football goals. No more picking balls out of prickly hedges!



Some final prep of the pitch should mean the walking footballers can come back to Shipley from late April...unless we are stumped by the weather. We look forward to that as the membership goes from strength to strength.

### Hills Farm Lane Vets Football

The vets are still **TOP OF THE TABLE** in the Worthing & Horsham District Sunday League! As we go to press there are three more nail-biting matches to go...who needs European football! Keep up with the latest on the 'Fixtures & Results' page of the website. Please come and join us at the last league match on 15<sup>th</sup> April – BBQ after, would be great for the vets to have lots of support. The Jersey Tour looms, 21 -23 April.

**Training: Holbrook Club, Tuesdays 7-8pm**

### Get in Touch...

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