



Keeping Active, Keeping Healthy

Issue No 3, Apr 2018

Hills Farm Lane Vets Football

CHAMPIONS!!! The vets came through a nail-biting end to the league matches, victorious in their last match ; 4-0 against the only team which could have caught them! And so HFL Vets pick up the club's first major trophy as Worthing & Horsham District Sunday League Veterans winners. Congratulations to the whole squad, and particularly League Manager, Murph! The club has been going for 12 years, with many of the squad having been involved since the early days, and this familiarity and camaraderie shows on and off the pitch.



The season was rounded off with a vets tour to Jersey last weekend, including a sneaky round of golf! A great time was had by all. The weather was perfect, the beer flowed, the lads played 4 matches, won 2, and came away with the 'Fair Play' award!

Now the league is over Trevor is busy organising some friendlies in May-Sept, including some over 50's matches. As the main pitch at Shipley will be closed for repair, Roffey FC in north Horsham have very generously offered their facilities. Contact Trev if you want to get involved. Watch the website Fixtures & Results for details of upcoming friendlies.

Training for the vets continues at Holbrook Club, Tuesdays 7-8pm through the Summer.

Ambulance Gate

After the devastating theft of the new ambulance gate in March, the Men's Shedders have come up trumps with a worthy replacement. Thanks especially to Colin.

Dates For Your Diary



✓ **Wednesdays – the Men's Shed** is now open each Wednesday from 10am as well as every Tuesday.

✓ **May 13, Sunday – Charity Football Match and fun afternoon from 12:00** Everyone, please come and support.

✓ **Monthly Friday Pétanque & BBQ** Starting **May 25, 6:30 pm**, every last Friday of the month.

✓ **July 14, Saturday – Bastille Day** French-themed fun day. Details soon.

Charity Football Afternoon

Over the years our Football Vets have raised a whopping £4,000 each for Pancreatic Cancer UK and Chestnut Tree House children's hospice – the two charities supported by our vets.

This year our charity football match will be on Sunday 13 May, kick off 12:00.

It is a great chance for everyone involved in HSCP to get together with families and friends. Please come and support; there will be a BBQ after the match, a raffle (or similar), cake sale, pétanque, penalty shootout etc. We need YOU, any cake or raffle prize donations...and the sunshine! The event will be at the Shipley football club site, but please watch the website in case our erratic weather forces a change of venue.

Pétanque

Exciting news that **Monthly Friday Pétanque & BBQ Socials** will be held every last Friday of the month starting on 25th May from 6:30pm.

Melanie and the pétanquers also have some friendlies organised. The first one recently against Horsham Indoor Bowling Club was a great success with thirty minute timed games, swopping playing partners each time. They have been invited back to an indoor bowls match which will be organised for a rainy day!

Walking Football

After a good Winter season at Holbrook Club, the walking footballers will go back to Shipley **from Tuesday May 8**. The pitch will be dry and new retainer nets are ready to catch those slightly off-target shots! Shipley offers the walking footballers a different experience for the drier, Summer months, with a bigger grass pitch and the added interest of the pétanque players and the Men's Shedders also at the site, creating a really friendly, buzzing atmosphere. We now have a squad of 25; we hope the footballers who have joined us over the Winter will continue to come to Shipley on Tuesday mornings, where a warm welcome awaits!

The Green Project

Many thanks to one of our pétanquers, Roy, who is organising the **recycling project** at the site. Beer cans, water bottles and paper/card are collected in a bin in the club house once a week. Please do your bit to support this positive initiative!



As the Spring kicks in there will be more **gardening jobs** to keep the undergrowth under control. If anyone has any interest in helping with this, please let Phil know.

Men's Shed



The Shed is now open Wednesdays as well as Tuesdays and it is busy with some new members and interesting projects. A new sign over the door and planters brighten things up!

Get in Touch...

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