



## Keeping Busy, Keeping Active Issue No 28, February 2022 Registered Charity Number 1178797

### 100 Mile South Downs Way Challenge is finally here!

**At last we can plan our very long-awaited South Downs Way Challenge. Originally due in 2020 we have had to be patient!**

**We now need to know numbers.** The flyer with dates and full details is attached, and will also be emailed to you. You may not be able to do all 10 legs – that’s OK – but we can not plan if we have no idea how many people are interested in taking part!

So please let us know if you can join us in any or all of the walks of this 100 Mile Challenge, which will be mainly on alternate **Wednesdays** from end March to mid August. See flyer for dates & details.

Non-member partners or friends are welcome to join for a small cost. **Please let us know asap if you intend to join**, on [helenkgibbs@yahoo.com](mailto:helenkgibbs@yahoo.com).



### Shed’s New Turning Centre

The Men’s Shed has a fantastic new extension at the back, which houses the turning equipment. It is providing a much more productive environment for people to learn new skills.

Also check out the benches created by Harry, Colin and team on the new decking area at Roffey FC, where some of the Sheddies work on Wednesdays. It is now a great social space for the community. Photos of the custom-made benches are on the website, and orders for individual benches can be taken.



### Popular Pétanque!

Pétanque is getting busy! It is fantastic to see so many members, regularly enjoying this brilliant game. As we ease further out of lockdown and the warmer weather approaches we won’t be surprised to see more players. In that case, to give everyone a good opportunity to play, we will likely start a morning AND afternoon session on Tuesdays. Watch this space! Also don’t forget Friday afternoon pétanque (from 2pm at the moment). Perhaps we need to build a curling centre next...!!!

### Coolham Airfield Signage

Since the D-Day memorial in 2019, Richard has continued replacing the paper information sheets at Coolham Airfield, which he created to tell passers-by the stories of the airmen and events of this active airfield. With Parish Council funding the paper has been replaced with 20 properly designed, permanent metal signs placed around the perimeter. Keeping the history of this special place alive they start at the gate leading to the end of the East/West runway. The walker eventually passes 15 oak trees planted for the deceased, and on to the memorial bench and information board built by the Shipley Men Shed. Definitely worth visiting. Well done Richard!

### Summer Evening Social Dates

This year we will kick off our Summer Evening Socials on 10<sup>th</sup> June with a **Queen’s Platinum Jubilee** celebration. We won’t be BBQing swan, in fact we may not be BBQing at all, but will have some fun! Other dates are July 22 and August 19. More details nearer the time; for now make sure you get the dates in your diary early!

### You Have Access to Everything!

Just a reminder that as part of your annual HSCP membership you have access to the other groups and activities run by HSCP! Fancy walking football? Or trying your hand at pétanque? Get creative in the Men’s Shed, or get your hands dirty with the Green Team. Come on our organised walks or perhaps join the Summer bike rides? Go on, you know you want to....!

### Probus Learns About HSCP

Probus is an informal, non-political club for retired professionals and businessmen who want to maintain a social network. They hold monthly talks of interest, seasonal lunches and other ad hoc social events. Invited by Tony Stubley from the pétanque club, Phil went to the Billingshurst Weald Probus Club to give a presentation about HSCP, telling the members about its origins and development, and the activities that we run. He had a lovely time. To find out more about this friendly, local group who welcome new members, contact Alan Galer on [alan.galer@btinternet.com](mailto:alan.galer@btinternet.com)

### Christmas Lunch

Thanks to all of you who came along to our Christmas Lunch and made it such fun. Your feedback on the venue or event is welcome!



**THE HORSHAM  
& SHIPLEY  
COMMUNITY  
project**

# THE SOUTH DOWNS WAY CHALLENGE

**THE AIM IS TO COMPLETE THE 100 MILE SOUTH DOWN'S WAY, WALKING FROM WINCHESTER TO EASTBOURNE, IN A SERIES OF TEN WALKS**



### You must carry

- ✓ a day bag (small rucksack)
- ✓ your drinks
- ✓ a layer or two of dry clothing
- ✓ your lunch
- ✓ snacks, fruit



Every other **Wednesday** throughout the Spring and Summer until we get to August when we have a three week gap. Walks start in the **morning**. Non-member partners or friends are welcome for a small cost.

- 30 March - Winchester to Exton**
- 13 April - Exton to Buriton**
- 4 May - Buriton to Cocking Hill**
- 18 May - Cocking Hill to Bury Hill**
- 1 June - Bury Hill to Washington**
- 15 June - Washington to Truleigh Hill**
- 29 June - Truleigh Hill to Ditchling Beacon**
- 13 July - Ditchling to Rodmell**
- 3 August - Rodmell to Exceat**
- 17 August - Exceat to Eastbourne**



Walks will be led by Richard. The distance of each leg varies from approx 8 miles to 13 miles of undulating terrain. Some days will be tougher than others and will depend on length, terrain, weather and the group's fitness. Three of the longest walks will be the first three (from Winchester to Cocking Hill - 35.9 miles in total).

### You must have

- ✓ Good walking shoes or boots
- ✓ Waterproof and windproof rain jacket and trousers
- ✓ Water/drinks bottles (two litres)
- ✓ Reasonable fitness (there will be hills)

**Logistics** We propose hiring a minibus for some of the furthest destinations, and for the three or four nearer journeys that we use cars. There may be some cost if we hire a minibus. Start times will vary, depending on the distance we must drive to the start.

**Sponsorship** You can do this simply for your own fulfilment, or you may wish to obtain sponsorship, in which case the Horsham & Shipley Community Project would be delighted to be your chosen charity, or you may have another favourite.

**Dogs** are permitted (unless we travel by minibus) but must be kept on a lead on lanes, roads and when near other animals.

**Cost** If we need to hire a minibus then a cost of £5 per person should cover transport. Non members will be asked to pay £5 per walk.



### WE NEED TO KNOW!

**If you wish to join please let us know asap indicating, if possible, which walks you are likely to join.**

Email [helenkgibbs@yahoo.com](mailto:helenkgibbs@yahoo.com).

Any questions please ask Richard on [richardmharris60@gmail.com](mailto:richardmharris60@gmail.com), or call 07503 347811

**Please note** we all walk at our own risk, and neither the organisers nor the Horsham & Shipley Community Project can be held responsible or be liable for any loss or injury.