



**THE HORSHAM
& SHIPLEY
COMMUNITY
project**

THE SOUTH DOWNS WAY CHALLENGE

THE AIM IS TO COMPLETE THE 100 MILE SOUTH DOWN'S WAY, WALKING FROM WINCHESTER TO EASTBOURNE, IN A SERIES OF TEN WALKS



You must carry

- ✓ a day bag (small rucksack)
- ✓ your drinks
- ✓ a layer or two of dry clothing
- ✓ your lunch
- ✓ snacks, fruit



Every other **Wednesday** throughout the Spring and Summer until we get to August when we have a three week gap. Walks start in the **morning**. Non-member partners or friends are welcome for a small cost.

- 30 March - Winchester to Exton**
- 13 April - Exton to Buriton**
- 4 May - Buriton to Cocking Hill**
- 18 May - Cocking Hill to Bury Hill**
- 1 June - Bury Hill to Washington**
- 15 June - Washington to Truleigh Hill**
- 29 June - Truleigh Hill to Ditchling Beacon**
- 13 July - Ditchling to Rodmell**
- 3 August - Rodmell to Exceat**
- 17 August - Exceat to Eastbourne**



Walks will be led by Richard. The distance of each leg varies from approx 8 miles to 13 miles of undulating terrain. Some days will be tougher than others and will depend on length, terrain, weather and the group's fitness. Three of the longest walks will be the first three (from Winchester to Cocking Hill - 35.9 miles in total).

You must have

- ✓ Good walking shoes or boots
- ✓ Waterproof and windproof rain jacket and trousers
- ✓ Water/drinks bottles (two litres)
- ✓ Reasonable fitness (there will be hills)

Logistics We propose hiring a minibus for some of the furthest destinations, and for the three or four nearer journeys that we use cars. There may be some cost if we hire a minibus. Start times will vary, depending on the distance we must drive to the start.

Sponsorship You can do this simply for your own fulfilment, or you may wish to obtain sponsorship, in which case the Horsham & Shipley Community Project would be delighted to be your chosen charity, or you may have another favourite.

Dogs are permitted (unless we travel by minibus) but must be kept on a lead on lanes, roads and when near other animals.

Cost If we need to hire a minibus then a cost of £5 per person should cover transport. Non members will be asked to pay £5 per walk.



WE NEED TO KNOW!

If you wish to join please let us know asap indicating, if possible, which walks you are likely to join.

Email helenkgibbs@yahoo.com.

Any questions please ask Richard on richardmharris60@gmail.com, or call 07503 347811

Please note we all walk at our own risk, and neither the organisers nor the Horsham & Shipley Community Project can be held responsible or be liable for any loss or injury.