



Keeping Busy, Keeping Active

Issue No 30, August 2022

Registered Charity Number 1178797

August Dates for your Diary

South Downs Way: Wed 17 Aug – last leg

Leisure Cycle: Wed 24 August

BBQ Pétanque & Croquet Social: Fri 19 Aug, Shipley site, from 5:00pm.



Summer Social BBQ

Our 2nd Summer BBQ stayed dry and everyone was able to socialise and enjoy croquet pétanque, lovely salads and super BBQ meat! Thanks to everyone who helped ☺. We were pleased that Jeremy Quin and his wife were able to join us; Jeremy is doing what he can to lobby Gov to widen communication to health professionals on a new Pancreatic Cancer treatment, a cause close to our hearts.



Look out for details of the last 2022 Summer BBQ on Friday 19 August, from 5pm.

Walking Football Players' Player



Well done, Carol, for being voted as Players' Player for 2021-22! There isn't a bigger compliment than being voted for by peers, so congratulations! Especially noted has been Carol's energy, determination, & commitment; well known for her tackles and interceptions, she never wastes a pass!

Cycle for Pleasure

The first two Leisure cycle rides have been great fun, so get ready for the next, on **Wed 24 August**. Last time Derek organised a wonderful, scenic, quiet, 20 mile round-trip through the countryside from Kirdford, almost exclusively on tarmac, so easy riding. The Sussex scenery is stunning and it is lovely to be expertly and considerably guided through these routes. We had a lot of fun, including a well-timed pit stop for a coffee and cake in the very pretty village of Lurgashall! **To register interest and get more info, contact Helen. Electric- or leg-powered bikers welcome!**

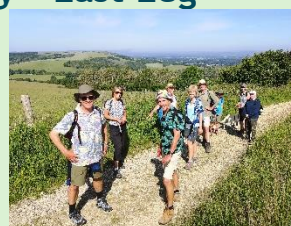
100 Mile South Downs Way - Last Leg

It's the last one! **Wed 17th Aug**. Join us for the Exeat to Eastbourne leg. About 8 miles, up and down the 8 (!) Seven Sisters before we arrive victorious in the pub for well deserved refreshments.

Let Helen know if you would like to join us helenkgibbs@yahoo.com.

Next year we are contemplating walking the route backwards...

Meanwhile, if you are interested in some shorter walks, let us know.



Magic Little Grants

We are hugely grateful to Magic Little Grants which has helped us again this year with a grant towards keeping the pitches in good condition for you all to enjoy. We will be able to pay for machine servicing as well as various pitch maintenance materials (seed and topsoil). Magic Little Grants gives grants of £500 to small charities and community groups, thanks to the players of People's Postcode Lottery.



Richard is Recognised for Contribution

We could not be more proud of Richard who was nominated for one of the Horsham District Council's volunteer sector recognition awards. We managed to get Richard to the ceremony under false pretences... And the crowd gave him the loudest cheer in appreciation of all his work for HSCP, Horsham Tigers Junior Football Club, Covid/vaccination support, Roffey FC and much more. Well done Richard and THANK YOU for all you do.



Pétanque Fun in the Sun

Pétanque numbers have really grown this year in both the Tuesday morning and Friday afternoon sessions. The shade from the beautiful oak trees have been especially appreciated, providing some relief from this Summer's heat. In recent weeks Russell has organised games for PROBUS groups from Chanctonbury, Billingshurst and Horsham Forest and a good time was had by all! We are now arranging a match against Durrants Village in Faygate, which should be fun.

Our congratulations to Malcolm Gordon for his victory in the Kirdford Pétanque Club championship, winning the most enormous trophy!

Get in Touch...

Email: info@HorshamShipleyCommunityProject.org
Website: www.HorshamShipleyCommunityProject.org

Russell for Pétanque : 07803 259190
Richard for Football / Walks /Green Team: 07503 347811
Philip for Men's Shed / Cycling: 07786 070939