

2026 HEALTH WALKS



THE HORSHAM
& SHIPLEY
COMMUNITY
project

- ❖ EVERY THIRD WEDNESDAY FROM SPRING TO AUTUMN
- ❖ CIRCULAR WALKS OF VARYING DISTANCE AROUND OUR LOCAL AREA
- ❖ MORNING START, THE SHORTER WALKS TO BE FINISHED BY LUNCH TIME
- ❖ LED BY OUR KEEN WALKER MEMBERS

You must bring / carry

- ✓ Good walking shoes or boots
- ✓ Suitable clothing (and spares!)
- ✓ Water/drinks
- ✓ Snacks / Lunch for the longer walks
- ✓ Reasonable fitness for the longer walks!



Logistics We meet at a pre-agreed time and place. Lift sharing encouraged! We will stop for snacks/lunch and to admire views! Directions and full details of each walk will be available nearer the time.

Please note we all walk at our own risk, and neither the organisers nor the Horsham & Shipley Community Project can be held responsible or be liable for any loss or injury.

Dogs will be welcome on most walks, but must be kept on a lead on lanes, roads and when near other animals.

WE WOULD LIKE TO KNOW!

We have a WhatsApp group for those interested which gives more details of each walk as the time approaches. If you would like to be part of the WhatsApp Group to stay informed, please let us know asap. Email horshamshipleycommunityproject@gmail.com.

Any other questions please ask Richard on richardmharris60@gmail.com, or call 07503 347811.

OUTLINE ROUTES AND APPROXIMATE DISTANCES

Full info for each walk – meeting place and time and more details about the route – will be given in the week before, via our friendly WhatsApp Group. For now, get these dates into your diary!

18 March – Richard | Chanctonbury & Cisbury | 8 miles

8 April – Keith | Denbies, Dorking, | 4-5 miles

29 April – Caroline | Ditchling Beacon | 6-7 miles

20 May – Richard | Knepp Estate Red Route | 6 miles

10 June – Kevin | Loxwood | 5-6 miles

1 July – Laurence | West Hoathly & Bluebell Rail | 5 miles

22 July – Alison | Holmbury Hill | 8 miles

12 August – Audrey | Forest Green | 6 miles

2 September – John & Caroline | tba!

23 September – Russell | Treasure Hunt | tba

14 October – Richard | Horsham Riverside Walk | 13 miles

